

# Explore It FOR ME

SESSION  
08

## A MIGHTY FAITH

 **Matthew 17:14-21 Jesus heals a demon-possessed boy**

Here are some ideas and activities you could do on your own



### Play

You need the sun to be shining for this one!

Go outside and find a space in the sunshine. See what your shadow looks like. Try different positions, even some funny ones, and see how your shadow changes.

Now move so that your shadow is so much bigger than you are.

Imagine your shadow is like faith. See how big it can get. How big can your faith grow?!



### Build

Place a blanket on the floor, or a sheet or a plastic mat, whatever you have that is quite large and flat. Now, gather loads of things from around your home and build a mountain. See if you can gently pull the blanket/sheet and move your mountain around without it falling over!



### Draw

Create a story board for the Bible story we read together.

All you need is a piece of paper which you divide into 6 or 8 squares. Try drawing each scene of the story. Or, if you do not want to draw, try collecting items from your house or garden and place on the paper, one in each square, to represent a different part of the story.



### Write

You and your family may have to be extra strong just now and need to have faith that Jesus will heal our world from this horrible virus. Write a prayer asking Jesus to help you in these times.



### Pray

Build a prayer tepee, either in your bedroom with sheets, pillows and clothes, or in the garden from sticks, leaves, wood etc. Make this a special place where you can sit quietly and pray.



### Create

Take a photograph each day of something that helps remind you to have faith and that Jesus will help you to do amazing things.

## KIDS ALIVE ONLINE

<https://www.salvationarmy.org.uk/kidsalive>

Kids Alive! The UK's only weekly Christian comic - is filled with jokes, competitions, Bible-based cartoons and much more... and is now available to read online!

